

Study Guide

Series: Pentecost - The Start of the Church

Study 3: *Being Born of the Spirit*

Scripture: John 3.5-8

Speaker: PK

Date: June 7, 2026



Objective: Our objective is to remind us that the church did not START through human effort, but through the Holy Spirit.

‘The doctrine of being *born again* in Christ ‘sets the church apart’ from all other religions. It is not based on human effort or behavior change, but *spiritual rebirth* by the Holy Spirit in Christ.’

NOW WORD: ‘You *cannot* reform yourself into a Christian through better behavior nor become a member of the church by a mere personal decision. It takes a Spiritual rebirth brought about by the Holy Spirit.’

Our Study:

Point 1. Human reason cannot _____ v.3. “I say to you, unless one is born again (from above), he cannot see the kingdom of God. v4. Nicodemus said to Him, “How can a man be born when he is old? Can he enter into his mother’s womb and be born?”

‘The natural man cannot know spiritual realities unless it is by the Holy Spirit and received by faith.’

Point 2. Rebirth is a _____: v5. ... ‘Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God.

‘Spiritual rebirth is not optional; it is essential. You must ask yourself, ‘Have I experienced the new birth that comes through the Spirit or am I relying on religious activities, good morals, or church involvement?’

Point 3. Flesh cannot produce _____: v6. ‘That which is born of the flesh is flesh. And that which is born of the Spirit is spirit.

‘Human effort can improve behavior, but it cannot create spiritual life. The flesh can only produce what is natural; only the Spirit can produce what is spiritual.’

Point 4. Spirit’s _____: v7. ‘Do not *marvel* that I said to you, “You must be *born again*.’ v8. ‘The wind blows where it wishes, and you hear the sound of it, but you cannot tell where it comes from where it goes. So is everyone who is born of the Spirit.

‘We cannot manipulate or manufacture His work. Like the winds, His presence is invisible, but His effects are evident. We are born again by the sovereign grace of God, not by our human efforts.’

NOW WORD: ‘Christ died the death we could not die, and lived the life we could not live, so that we might be *complete in Him.*’

Five Evidence of the Holy Spirit working within you:

1. A desire to **know** God as Father: ‘And because you are sons, God has sent the Spirit of His Son into our hearts, crying ‘Abba Father!’ Galatians 4.6

‘The Holy Spirit creates a personal relationship with God as your heavenly Father. You turn to Him first, seeking His love, righteousness, your identity, His guidance, comfort, and help. If God cannot discipline you like a parent, you cannot be His child.’

2. A desire to **grow**: ‘Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation, Cry out for this nourishment.’ I Peter 2:2 (NLT)

‘The Holy Spirit creates a desire for spiritual nourishment from God’s Word to know, understand, and obey Scripture.’

3. A desire to **cultivate** the Fruit and Gifts of the Spirit - The *fruit* of the Spirit is love, joy, peace... (Galatians 5.22-23). The manifestation of the Spirit is given to each one of you for the profit of all: ...word of wisdom, knowledge, and gift of faith, gifts of healing, working of miracles... (I Corinth. 12.7-11).’

‘The Holy Spirit produces fruit of Christlike character and charisma gifts to empower believers for ministry.’

4. A desire to live **Holy**: ‘Be holy for I am holy.’ (I Peter 1.16) ‘When He comes, He will convict the world concerning sin...’ (John 16.8)

‘The Holy Spirit does not allow you to live comfortably in sin but lovingly convicts you of sin and leads you to repentance and change.’ Therefore, ongoing confession of sin is part of maturing in Christ.’ (I John 1.9)

5. A desire to **testify**: ‘When the Helper comes, whom I shall send to you from the Father, the Spirit of truth who proceeds from the Father, He will testify of Me.’ John 15.26 (NKJV)

‘The Holy Spirit within us constantly testifies about Jesus, helping us to truly know Him in a life-changing way, so we can share with others what He is currently doing in our lives’