

Study Guide

Study Scripture: 2 Corinthians 5.17 (NKJV)

Walking in Daily Recovery with Christ

Messenger: Pastor Keith

Date: April 19, 2026



Just as a person celebrates sobriety from alcohol or drugs, we celebrate our *daily recovery* in Christ from our former lifestyle of sin.

1. Salvation breaks the **power** of sin, not the **presence** of sin. Romans 6.6
2. Addiction (strongholds) requires daily discipline to overcome. 1 Corinthians 9.27
3. There is a difference between struggling with sin and surrendering to sin. Galatians 5.16-17

‘You may *struggle* with sin, *fighting* consistently but you must not *surrender* to sin, giving in without resistance, and becoming comfortable with sin.’

Why recovery in Christ matters:

- It reflects our new **identity** *in Christ*
- It keeps us **dependent** *on God*.
- It leads you into a **new life**, not a **rehabilitated** life

Our Salvation in Christ: Our recovery in Christ from sin is a lifelong, daily walk. Like recovery from alcohol or drugs, it involves daily choices, accountability, and dependence of God’s grace.

Position in Christ = fixed, secured, unchanging because you belong to Christ based on what He has done for you. You are forgiven, declared righteous, adopted, and Spirit filled.

Condition in life = We all have different **stories** and **struggles**, so our journey of recovery in Christ unfolds in different ways (God meets us where we are) – but the goal is the same: to be conformed to Him.

NOW WORD: Everyone is *saved* the same way in Christ, but people *don’t experience* or grow *in it the same way*.

Application: Walking in Daily **Recovery** with Christ

2 Corinthians 5.17. Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold all things have become new.

Stage I – CONVERSION: ‘... if anyone is **in Christ Jesus**...’

Focus: Reconnect with God

Step 1 – _____ you are a sinner. John 16.8 (NLT)

- The Holy Spirit convicts the heart of sin
- Reveals the depth of sin within your nature
- Opens your eyes to the *destruction* of sin in your life
- Shows you're helpless to overcome your sin(s)

Recovery in Christ addresses the root issue, **sin, brokenness, and separation** from God. It brings us to true conviction, realizing, 'I am a sinner, I cannot fix myself, I am powerless, and I need help.'

Step 2 – _____ and choose a new direction. 2 Corinthians 7.10

- Turn the heart (mind) away from sin
- Conversion in the heart by the Holy Spirit
- Submission to the lordship of Christ

NOW WORD: Our recovery in Christ from sin is a **transformation**, not a **rehabilitation**.'

Recovery in Christ from our sins is a **conversion** through **repentance** by the **Holy Spirit**, a turning away from sin and self-rule to submission to the lordship of Christ and new life in Him.

Step 3 - _____ on Christ by faith. Acts 20.21

- Rely on Christ's **finished** work, 'It is finished.' John 19.30
- Rely on Christ daily '**I die daily**.' 1 Corinthians 15.31
- Rely on Christ while trusting Him for strength, 'My grace is sufficient for you, for **My strength** is made perfect in **weakness**.' 2 Corinthians 12.9
- Rely on Christ living in you '...it is no longer I live, but **Christ lives in me**...' Galatians 2.20

NOW WORD: It's not about you living for Christ; it's about Christ living His life in and through you.

Recovery in Christ from sin is not self-effort, but Christ living through you and you rely on Him by faith.

Reflection:

1. What is currently ruling your thoughts, desires, and decisions -- Christ or something else?
2. What sin or habit do I need to honestly turn away from and surrender to God today?
3. What specific area do I need to stop relying on myself and fully depend on Christ's strength right now?