

## *Study Guide*

Message: Covenant Identity in Christ

Messenger: Pastor Keith

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Scripture: Ephesians 1.3-7 (NKJV)



### **Introduction:**

**v3.** Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every **spiritual** blessing in the heavenly places in Christ,

**Point:** We're spiritually blessed in Christ above.

This verse highlights the blessings we receive in Christ are spiritual blessings, not earthly blessings.

1. What kind of blessings do we have in Christ? \_\_\_\_\_
2. Are you more focused on your spiritual blessings or earthly blessings? How can you tell the difference? Reference: Deuteronomy 8.10-14, Colossians 3.2

**Application:** How can you be more intentional about seeking your spiritual blessings?

Our Spiritual Blessings in Christ:

1. You're \_\_\_\_\_: v4. just as He **chose us** in Him (Christ) before the foundation of the world,

**Point:** You're God's chosen from above in Christ.

### **Questions:**

- a) What does it mean to you personally that God chose you?
  - b) How does knowing God chose you before the world began change how you see your identity and purpose today?
  - c) Do you rest in being chosen in Christ or do you still feel unworthy and strive to please God through your self-efforts?
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2. You're \_\_\_\_\_ v4b. that we should be **holy** and **without blame before Him in love**,

**Point:** Holiness is the means and love is the context.

**Questions:**

- a) What does it indicate **holiness** is the means and **love** is the context?
- b) Do you see holiness as a **burden** or a **blessing** – explain?
- c) How do you view the refining fire of I Peter 1.7 in view of God restoring you in Christ to stand before Him holy and blameless in love?

**Application:** Based on understanding holy is the means and love is the context, what area can change in your life – thought life, speech, habits, or relationships?

3. You're in \_\_\_\_\_ - v5. having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, v6. to the praise of the glory of His grace, by which He made us accepted in the Beloved.

**Point:** God adopted you into His family with joy.

**Questions:**

- a) Explain being chosen (verse 4) and being **predestined** into adoption.
- b) Do you reflect the family resemblance?
- c) Does your adoption cause you to give God a daily praise?

**Application:** How can you reflect God's grace to others in words, actions, and attitude?

4. You're \_\_\_\_\_ : v7. In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.

**Point:** We're redeemed and forgiven by His grace.

**Questions:**

- a) How does it move you to be redeemed by His blood?
- b) What does the riches of His grace mean?
- c) What does it mean your past does not define your future (forgiveness of sins)?

**Application:** How can you reflect God's forgiveness to others?