

The Message Notes

Message: *Weight On Him - Building Core Strength*

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Text: Mark 8:34-38; 1 Corinth 15:1-2

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1 Corinthians 15:1 “Now I would remind you, brothers, of the ***gospel*** I preached to you, which you ***received, in which you stand, 2. and by which you are being saved,*** if you ***hold fast to the word*** I preached to you—unless you believed in vain.” (ESV)

Objective - To have full reliance on the Gospel of Christ. To place infinite value in the Gospel of Christ. To allow the Gospel of Christ to inform and shape every aspect of your life.

Talk:

1. **PAST** Gospel: **v1.** “Now I would remind you, brothers, of the ***gospel*** I preached to you, which you ***received.***...

- **Historical Fact** - The gospel is a historical fact. It is an event in human history that was promised and fulfilled in the birth, life, work, death, burial, and resurrection of the god-man, Jesus Christ of Nazareth.
- **Believed/Received** - The Gospel is something you encountered and believed. Then at some point you received, intimately took to [yourself] (if in fact you truly believed).
- **Received Righteousness** - You have been made righteous. You have been fully accepted by God in Christ. (1 Corinth 1:30; 2 Corinth 5:21; Romans 3:23-26; Philippians 3:9)

2. **PRESENT** Gospel: **v1.** “Now I would remind you, brothers, of the ***gospel*** I preached to you...***in which you stand.***...

- **Stand** means to establish, stand still, abide, presently
- In every season and every situation, we are to **stand** on the gospel and allow it to inform our every thought, word, action, emotion, expectation, and so on. (2 Corinth 10:5; Mark 8:34-36; Galatians 2:20-21; John 15:4-5)
- What does this look like? How does the gospel inform your relationships, riches/lack, thoughts, life, job, politics, time...?

3. **PERPETUAL** Gospel: **v1.** “Now I would remind you, brothers, of the ***gospel*** I preached to you...***by which you are being saved,***

- **Being saved** - the present experiences of ***God’s power*** to deliver from the bondage of sin

- **God's power** doesn't fail; and it is God's unfailing power that is saving us, giving us a sure hope for the future glory that is to come.

Recap:

1. **Gospel = Core/Foundation:** Without your core muscles, your spine would buckle and collapse before you could even take a single step. So too will your faith and walk with Christ, if not rooted in and informed by the foundation that is Jesus Christ...Christ is the good news!

2. **Past Gospel** - The Gospel is a historical fact of human history that you once believed, resulting in you receiving the righteousness of God that Christ freely provided for you, by grace through faith in Him. (Ephesians 2:8-9)

3. **Present Gospel** - We presently stand and abide in the Gospel of Christ, allowing Him to inform every aspect of our lives (thoughts, words, actions).

4. **Perpetual Gospel** - You are being saved by God's continuous power working in you (Holy Spirit) giving you a hope that He will complete the work He started in you until Christ returns. (Philippians 1:6; Ephesians 1:13-14)

Application:

- **Build your core:** Seek to know and better understand the Gospel of Jesus Christ through the reading of the word, prayer, and obedience/application. (Romans 1:16-17)
- **Remember** that Christ has executed the "Great Exchange" by taking the burden of your sin upon Himself at the cross and giving His righteousness to you, satisfying the wrath of God that you would have everlasting life.
- **Abide** in Jesus so that every aspect of your life would be informed and filtered through the lens of the Gospel.
- **Be Hopeful** because it is the unfailing power of God working in you through every season of life and nothing can separate you from His love. (Philippians 2:12-13; Romans 8:37-39)

Study Template:

1. What is the application (see application section; paraphrase) – Interpret Scriptures by putting them in words you can understand.
2. What does this lesson teach you about God (His character, purpose, promises, plans, commands, etc.)? What does it teach you about yourself (becoming self-aware)?
3. Where do you currently find your hope, peace, comfort, joy, instructions/actions for any given situation (good, bad, indifferent)? - Be honest with yourself.
4. What does it require from you to do? Will you put this word in your heart to obey it or keep it in your head? What kind of deprogramming do you need to do to connect with God to become closer?