

The Message Notes

Message: *Battlefield of the Mind – Renew Your Mind!*

Messenger: Pastor Keith (PK)

Text: Romans 12:2 (ESV)

Date: March 20, 2022



Romans 12:2. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. (ESV)

Definition of mind: The mind is the faculty of the soul of a person by which one is self-aware, thinks, feels, desires, remembers, reasons, and imagines.

Guiding principles of the mind:

- a) **Survival:** health, food, shelter, and security
- b) _____: happiness, social, material, and sensual
- c) **Spirit:** purpose, calling, and contribution

Mind versus our brain:

- a) mind is **intangible**, the brain is **tangible**
- b) mind and brain are **separate** but are **inseparable**
- c) mind is the **energy** used to **wire** or **rewire** the physical structure of our brain through consciously directing our thinking, feeling, and desiring to establish thoughts.

“Each time our brain is **stimulated** by our mind through thinking, feeling, or desiring, it wires or rewrites the structures in the brain. This is called **neuroplasticity**. Your mind can restructure your brain, but your brain cannot restructure your mind.”

Salvation: conviction, repentance, and believe – Mark 1:15, Acts 26:20

- **Repent** – change of mind, the way you think
- **Believe** – change the physical nature of your brain
- **Convict** – to become remorseful for sin

Message: Renew the Mind – Romans 12:2

1. _____: v2a. Do not be **conformed** to this **world** (Don't copy the behavior and customs of the culture):

- feelings are your guide – how you feel is your rights
- being happy is your goal – do what makes you happy
- judging is the ultimate sin – you have no right to judge
- knowing God is subjective – what I make Him to be to me

2. _____: v2b. but be **transformed** by the **renewal** of your **mind** (change the way you think - neuroplasticity).

- **Convict** – convinced of guilt and truth of sin
- **Repent** – change of mind, the way you think
- **Believe** – change the physical nature of your brain

Joshua 1:8. Study this Book of Instruction **continually. Meditate** on it day and night so you will be sure to **obey** everything written in it. Only then will you prosper and succeed in all you do. (NLT)

- **Information** – continually study Book of instructions
- **Meditation** – make beliefs your thoughts, which you put into action
- **Manifestation** – results from your meditating and obedience

3. _____: v3c. that by **testing** you may **discern** what is the **will of God**, what is **good** and **acceptable** and **perfect**.

2 Corinthians 10:4. For the **weapons** of our **warfare** are not of the flesh but have **divine power** to destroy **strongholds**. **5.** We destroy **arguments** and every lofty opinion raised against the knowledge of God, and take every **thought** captive to obey Christ. (ESV)

- Weapons of our warfare - divine power (Holy Spirit, Scriptures, faith, and prayer)
- Destroys – strongholds, arguments, and lofty opinions raised against the knowledge of God
- Capture – you take every thought captive to obey Christ

Example: Be holy for I am holy
Name three things that define be holy:

Example: Forget not to assemble

Hebrews 10:25. And let us not **neglect our meeting together**, as some people do, but encourage one another, especially now that the day of his return is drawing near. (NLT)

How does your mind define this Scripture?