

## *The Message Notes*

**Message:** *Up Your Game* with the Fruit of the Spirit

Teacher: Elder Derrick Varner. (July 4, 2021)



**Scripture:** Galatians 5:16-18, 22-23

16. So I say, let the **Holy Spirit** guide your lives. Then you won't be doing what your sinful nature craves.

22. But the Holy Spirit **produces** this kind of **fruit** in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. There is no law against these things!

**Objective:** As Christ-followers, we should appreciate (*value*) the Holy Spirit has come, resides within every believer and recognize His attributes (*personae*) so we can cultivate them and demonstrate Christ-like maturity.

### **Points to Ponder:**

1. Gain a better understanding of who is the **Holy Spirit**. - He is a person of the Godhead and co-creator of the universe.

God said, "Let **us** make human beings in **our** image, to be like **us**. Gen 1:26a NLT

a. *Demonstrations of the Holy Spirit:*

- Like a Dove – Peace, Pure and clean bird; Luke 3:22

- Like Wind – Demonstration of power and not entertainment; Acts 2:1-2

- Like Fire – Burning bush, pillar, consuming, Pentecost; Deuteronomy 4:24; Exodus 3:2, 19:18; Exodus 13:21-22; Luke 3:16-17; Hebrews 12:29; Acts 2:3-4

- Like Water – Powerful force, Baptism; John 7:37-39; John 4:14;

- Like Wine – Be filled, under the influence; Matt 9:16-17, Eph 5:18

- Like a Cloud – Glory filled the Temple, manifest presence; 2 Chronicles 5:13, Ezekiel 10:3-5

b. *Why do we need the Holy Spirit?* John 16:8, 13 and Gal 5:16-18

*He carries out the **work** of salvation on behalf of Christ on earth.*

-He reprimands; convict – John 16:8

-He influences; guide - John 16:13, Gal 5:16a, Psalms 23

-He gives *godly* aspirations and focus - Gal 5:17-18

c. *How do I receive the Holy Spirit?* Eph 1:13, Rom 10:8-10, Acts 2:38

○ By *receiving* the **Gospel** – hear; beyond perceived acoustics, it's obedience

○ By *repenting* of sin – admit your wrong and turn "toward" to God

○ By *believing* in Christ – ultimate confidence; simultaneously reborn

2. Yielding to the Holy Spirit results in **transformation** (*make over*) and continual spiritual development. Romans 12:2, Eph 4:23-24, Col 3:10, Titus 3:5, Psalms 51:10

Romans 12:2; Don't copy the behavior and customs of this world, but let God **transform** you into a new person by changing the way you **think**.

3. What is the **evidence** (*sign/proof*) of the Holy Spirit dwelling in your life? Matt 7:16-18, Matt 12:33, John 15:8

Fruit in the Greek is *karpos*; a result of something. Galatians 5:22-23a

When the fruit of the Spirit is displayed in our lives, it is a **sign** and a direct **result** that we are connected and led (*steered*) by the Spirit of God.

### **Measure of Maturity** (*self-evaluation*)

**Love:** put others needs above our own. John 13:35, 1 Cor 13:4-8

**Joy:** delighting in God & choosing to rejoice in *all* things. Phil 4:4, Psalms 9:2

**Peace:** a deep confidence that God is who He says He is; relax in His promises. John 14:27, Romans 8:6, Phil 4:6-7, 1 Cor 14:33

**Patience:** calmness during the midst of stressful situations; Long suffering. Eph 4:2, Psalms 37:7a *Waiting without complaining*

**Kindness:** a genuine regard for the wellbeing of others; extend benevolence. Phil 2:4, Prov 11:17a

**Goodness:** doing the right thing and challenging others to do the same. James 4:17, Luke 6:45, James 3:13

**Faithfulness:** being dependable in relationships; fidelity. Lam 3:23, 2 Thess 1:4, 1 Peter 4:10

**Gentleness:** being calm and not callous. Phil 2:5-8, Titus 3:2

**Self-Control:** be disciplined; shows self-restraint. Phil 4:5, 1 Thess 4:3-4

### **Take away:**

Because of the constant *conflict*, one can be led by the flesh or be *led* by the Holy Spirit but you can't be led by both. Recognize the Holy Spirit is our *advocate* and there are benefits to walking, submitting, and growing with Him to be a better *ambassador* for Christ.