



Message: Seven Deadly Sins-Anger (09/20/2020)

Use the message and the message insert to help guide your answers and discussion for group.

Before you begin answering the questions below, review the entire message with your group.

1. Identify and define the 3 types of Anger?
 - a. Identify a time where you experienced one of the 3 types, and what was your response?

2. Define the meaning of controlled anger according to Ephesians 4:26?

3. What are the 3 D's of controlled anger?

4. Read and discuss Proverbs 16:32 and Proverbs 15:1?

5. Can demonstrating controlled anger be hard? Why or why not?

6. What does consume anger mean?

7. Read and discuss James 1:19. In situations where you are angry, do you demonstrate this verse?

8. Has anger ever costed you something that was valuable to you? Please share your experience.

9. Please share something you can take away from the message and apply to your life?